



# BREAST FEEDING

## ARE YOU BREASTFEEDING? CONSIDERING BREASTFEEDING?

*Doing what is natural doesn't  
always come naturally.*

The Sierra View Medical Center Breastfeeding Resource Center can give you the information and support you need. Our Breastfeeding Resource Center offers outpatient support after hospital discharge and breastfeeding classes.

**FREE**  
TO THE  
COMMUNITY

## BREASTFEEDING CLASSES

### DATES:

Thursday, April 17  
Thursday, May 15  
Thursday, June 26  
Thursday, July 17  
Thursday, August 21

Thursday, September 18  
Thursday, October 16  
Thursday, November 20  
Thursday, December 18

### TIME:

4 PM - 5:30 PM

### WHERE:

**Breastfeeding Resource Center**  
263 N Pearson Dr. (2nd floor)  
Porterville, CA 93257

*Outpatient appointments are available in the afternoons.*



SCAN ME

**FOR MORE  
INFORMATION**

(559) 791-3701



**SIERRA VIEW**  
MEDICAL CENTER  
Maternal Child Health