

## Sierra View Medical Center pain & opioid management resources & information.

1. SVMC Policies
  - a. Pain Management
    - i. <https://powerdms.com/docs/1658232?q=pain>
  - b. Pain Management during Labor
    - i. <https://powerdms.com/docs/1578985?q=pain>
  - c. Neonatal Pain Management
    - i. <https://powerdms.com/docs/1578937?q=pain>
  - d. Medication Ordering
    - i. <https://powerdms.com/docs/1579137?q=pain>
    - ii. Listed to assist understanding of requirements for prn pain management orders.
2. Non-Pharmacologic Pain treatment modalities
  - i. Bathing, distraction, relaxation, imagery, superficial massage, breathing techniques, music therapy ambulating, spiritual practices, environmental modification, repositioning, heat or cold application.
3. Educational Resources & Programs to improve pain assessment, pain management and the safe use of opioid medications.
  - a. Provider based
    - i. <https://med.stanford.edu/cme/learning-opportunities/pain-management.html>
      1. Above link to Stanford educational resources that takes an global view on pain management education.
    - ii. Uptodate :“Pain control in the critically ill adult patient”.
      1. <https://www.uptodate.com/contents/pain-control-in-the-critically-ill-adult-patient>
    - iii. Uptodate: “Pharmacologic management of chronic non-cancer pain in adults”
      1. <https://www.uptodate.com/contents/pharmacologic-management-of-chronic-non-cancer-pain-in-adults>

4. Available services for consultation and referral of patients with complex pain management needs.
  - a. Dr. Kim (Palliative & complex pain management)
  - b. Available outpatient consultation/referral programs
    - i. PCP
    - ii. Dr. Nasr's group
    - iii. Synovations Medical Group
5. Opioid treatment programs
  - a. SAMHSA: Substance Abuse and Mental Health Services Administration
    - i. <https://dpt2.samhsa.gov/treatment/directory.aspx>
  - b. Department of Health Care Services
    - i. <https://www.dhcs.ca.gov/individuals/Pages/NTP.aspx>