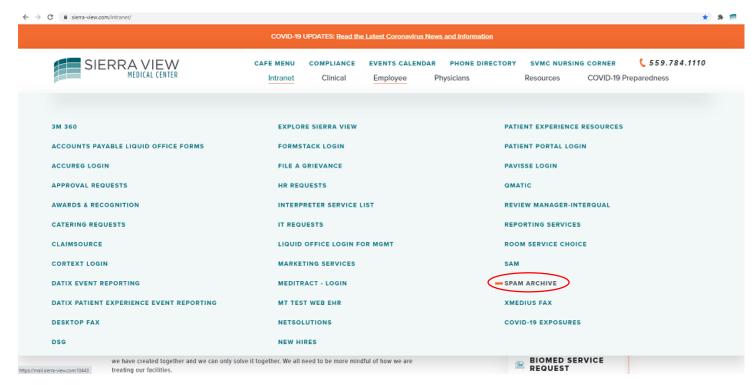
## How to Retrieve a Message from Your Spam Archive

Spam is digital junk mail: unsolicited communications sent in bulk over the internet or through any electronic messaging system. The SVMC IT team has set up a safeguard to limit the amount of unwanted spam email you receive.

Sometimes, email communication that you do want to receive accidentally goes to the spam archive. In those instances, you can approve the email communication to successfully be delivered to your inbox with the following steps:

1. Visit the <u>Intranet</u>. Beneath "EMPLOYEE" dropdown, click on "SPAM ARCHIVE". This should take you to this page:: <a href="https://mail.sierra-view.com:10443/">https://mail.sierra-view.com:10443/</a>



You will be taken to the Sophos Email Appliance.

- 2. Find the email that says "SCORE Survey for Sierra View Medical Center" in the Subject column and check the checkbox.
- 3. Click on the "Deliver & Approve Sender" button.



Once the above steps are complete, you should receive the now approved message in your inbox.

Reviewing your SPAM Archive periodically is good practice.

Questions? Please contact the Information Technology Team (x6090)

