

# Breastfeeding Education Sessions

## Why Breastfeed?

### Ask the Experts

Join us for 30 minute educational sessions packed with important information where expecting mothers have the opportunity to ask questions that will help in building confidence in providing the best nutritional needs for their baby.

**WHO:** Expecting Mothers

**WHAT:** Speak one-on-one with a local Pediatrician, International Board Certified Lactation Consultant, and a Registered Nurse

**WHERE:** SVMC's Breastfeeding Resources Center  
SVMC Medical Office Building  
at 263, Pearson Dr., Suite #204  
Porterville, CA 93257

**WHEN:** Wednesdays, 11 -11:30 a.m.  
\*schedule below.

**WHY:** Provide breastfeeding education from professionals who want mothers to feel empowered with knowledge and to be successful in feeding their babies

### DATES/SCHEDULE:

April- 19, 26

May- 3, 10, 17, 24, 31

June- 14, 21, 28

July- 12, 19, 26

August- 2, 9, 16, 23, 30

September- 6, 13, 20, 27

October- 4, 11, 18, 25

November- 1, 8, 15, 22, 29

December- 6, 13, 27



**SIERRA VIEW**  
MEDICAL CENTER

For more information call (559) 791-3701